

Wildflower Cafe

FRESHY BAKED SCONE €4.4

Served with Wildflower jam, butter & fresh cream- 1.3.7

WILDFLOWER PORRIDGE €6.6

Served with honey & seasonal fresh fruit Alternative milk option available - 1.7.8. GF available

LARGE BREAKFAST €15.4

Two crispy bacon, two sausages, black & white pudding, cherry tomatoes, free-range eggs, hashbrown, mushrooms, beans & toasted Sourdough-1.3.7

REGULAR BREAKFAST €14.3

Two crispy bacon, sausage, black & white pudding, hashbrown, cherry tomatoes & a free-range egg with a side of toasted Sourdough- 1.3.7

VEGGIE BREAKFAST €13.8

Two free-range eggs, asparagus, cherry tomatoes, mushrooms, fried potatoes & beans with a side of toasted Sourdough- 1.3.7

HUMMUS & AVOCADO TOAST €14 V

With spiced moroccan chickpea - 1.3.7,

SCRAMBLED EGGS WITH BACON €13.2

Served with two slices of toasted Sourdough - 1.3.7

WILDFLOWER POACHED EGGS €13.2

Served on toasted sourdough bread, sundried tomato pesto spread with parmesan shavings & cherry tomatoes-1.3, GF available

EGGS BENEDICT €13.8

Served on toasted brioche, with homemade hollandaise sauce, crispy bacon & cherry tomatoes-1.3.7.12.13, GF available

FRENCH TOAST €13.2

Toasted brioche, streaky bacon & real Canadian Maple Syrup or fresh fruit & Maple Syrup- 1.3.7

PANCAKES €13.2

Served with a choice of sugar & lemon or streaky bacon & real Canadian Maple Syrup-1.3.7

SOMETHING EXTRA

Extra Breakfast item €2.25 Pot of fries €4.50 Sweet Potato Fries €4.95 Cup of soup €4

DIPS

Avocado €2.5

Sweet Chilli Garlic Mayo Ballymaloe Relish Frank's Hot Sauce €1.50



Ask your server about our homemade Cakes & Pies



Award wining Clever Foods treats available at the counter -Handcrafted clean treats, wheat free, plant based & 100% natural ingredients!

All Day Menu

SEAFOOD CHOWDER €12

Served with our wholemeal brown bread-GF available

SOUP OF THE DAY €8

Please see our chalk board for today's soups. Served with our wholemeal brown bread-1.7.9, GF available

PESTO WRAP €11

Marinated chicken, melted mozzarella cheese, mixed peppers, red onion & homemade pesto served on a toasted wrap. Served with salad. - 1.3.7, GF available

TOASTED SPECIAL €11

Serrano ham, Wicklow Brie, sundried tomatoes & red onion marmalade served on toasted sourdough. Served with salad. -1.7.10. GF available

HAM & CHEESE MELT €11

Baked ham, mature cheddar, red onion on toasted sourdough with a side of Ballymaloe relish Served with salad. - 1.7.10, GF available

CHICKEN CAESAR SALAD €15.5

Crunchy cos lettuce, grilled chicken, crispy bacon, croutons, fresh parmesan & Caesar dressing-1.3.4.6.10

WARM BREADED GOATS CHEESE SALAD €15.5

Served with sugar snaps, cherry tomatoes, mixed leaves, chopped walnuts & balsamic dressing- 1.3.7

GARLIC PRAWN & AVOCADO SALAD €16.5

Served with mixed leaves, shredded red pepper, carrot & fresh chilli- 2.10, GF available

HOMEMADE CHICKEN GOUJONS €16

Served with mixed leaves, sweet chilli sauce & fries- 1.3

FISH & CHIPS €18.5

Crispy battered cod and chips served with peas, lemon, and tartare sauce - 1.3.4.7

CHICKEN BUTTERMILK BURGER €18.5

With pickles, lettuce, and chipotle sauce. Served with chips and side salad - 1.3.7

CHICKEN OR PRAWN STIR FRY €18

Served on a sizzling hot plate with rice- 2.6.9, GF available Veggie option available with toasted cashew nuts ${
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We cannot guarantee 100% gluten free as fresh foods are prepared in a small kitchen which contains gluten products.

Allergens: 1.Cereals, 2.Crustaceans, 3.Eggs, 4.Fish, 5.Peanuts, 6.Soybeans, 7.Milk, 8.Nuts, 9.Celery, 10.Mustard, 11.SesameSeeds, 12.Sulpher dioxide and sulphites, 13.Lupin, 14.Molluscs



Kids Menu

BOILED EGG & SOLDIERS €4

MINI OMELETTE €6

Choice of two fillings ham/cheese/tomato

KIDS PANCAKES €6

Choice of Nutella, sugar & lemon or maple syrup

SAUSAGE, BEANS, CHIPS €6.5

SOUP €4.5

Cup of soup with brown bread

CHICKEN GOUJONS & FRIES €7

HAM & CHEESE TOASTIE €6.5 With fries.

BANGERS & MASH WITH GRAVY €6.5

*All €6 meals come with Blackcurrant or Orange cordial

Drinks



HOT DRINKS

Americano	3.50
Cappuccino	3.90
Espresso	2.80
Latte	3.90
Flat white	3.90
Mocha	4.00
Hot Chocolate	4.00
Breakfast Tea	3.00

Alternative Milks available - Almond, Coconut, Oat, Soya: €0.30

LOOSE LEAF CORGANIC TEAS



Green tea Ginseng

Lemon Grass & Ginger

Earl Grey

Whole Peppermint

Red berry

Chamomile tea

3.80



ICED DRINKS

Frappe	5.50
Mocha Frappe	5.50
Chocolate Frappe	5.50
Iced Americano	4.40
Iced Cappuccino	4.40
Salted Caramel	
Iced Latte	4.70
Peach Iced Tea	3.50

SPECIALS

Pink Lemonade 3.30
Fresh Juice 3.30



SMOOTHIES

Homemade & Fresh

Strawberry & Banana

Mango & Banana 4.60